

February 12, 2026

オリザ油化株式会社

Acceptance of Foods with Function Claims (FFC) Compliant with PRISMA 2020 for "Oryza GABA® Extract"! – Providing 4 Types of Health Claims for GABA –

Oryza Oil & Fat Chemical Co., Ltd. (Headquarters: Ichinomiya City, Aichi Prefecture; President: Hiromichi Murai; hereinafter "Oryza Oil & Fat") has received notification acceptance for four health claims for Foods with Function Claims formulated with **Oryza GABA® Extract**, based on Systematic Reviews (SR) compliant with the PRISMA 2020 guidelines. These have been accepted under the new format required following the format changes effective April 1, 2025, and SR materials are now ready for immediate application by our clients.

Regarding dosage and functional claims, a daily intake of **12.3 mg of GABA** supports the **suppression of elevated blood pressure**, while **28 mg/day** supports **anti-stress** benefits. An intake of **100 mg/day** allows for claims regarding **anti-stress (relaxation)**, **improvement of sleep quality**, and **maintenance of skin elasticity**. We are also currently preparing documentation for "Maintenance of Muscle Mass," which was previously accepted under the PRISMA 2009 compliant SR.

■ Notification Details (Ingredient: "Oryza GABA® Extract")

Suppression of Elevated Blood Pressure

Product Name: Protein GABAR Sarari 2020

Notification Number: K604

Functional Substance: GABA 12.3 mg

Functional Claim: This product contains GABA. GABA has been reported to have the function of lowering blood pressure in individuals with high blood pressure.

Anti-stress

Product Name: Protein GABAR Relax a 2020

Notification Number: K98

Functional Substance: GABA 100 mg

Functional Claim: This product contains GABA. GABA has been reported to have the function of relieving temporary mental stress and fatigue caused by work or study*1 and providing relaxation.

*1: Can be modified to "associated with desk work" or "due to daily tasks".

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(Note: If relaxation is not claimed, the dosage can be reduced to 28 mg.)

Improvement of Sleep Quality

Product Name: Drinking Yogurt Plus Care (Product by Haruna Dairy Cooperative Association)

Notification Number: K428

Functional Substance: GABA 100 mg

Functional Claim: This product contains GABA. GABA has been reported to improve sleep quality (depth of sleep, refreshed awakening)*2.

*2: "Falling asleep" can be added to the parentheses.

Maintenance of Skin Elasticity

Product Name: Protein GABAR Mochi-Mochi 2020

Notification Number: J1114

Functional Substance: GABA 100 mg

Functional Claim: This product contains GABA. GABA has been reported to help maintain skin elasticity and protect skin health for those concerned about dry skin.

■ About the PRISMA 2020 Statement

Current notifications for Foods with Function Claims (FFC) using SR must follow the PRISMA Statement international guidelines. While the 2009 version was previously required, all new notifications from April 1, 2025, must comply with the "PRISMA 2020" version. This requires a more detailed evaluation of scientific evidence quality, even if the underlying papers remain unchanged.

■ Oryza Oil & Fat's Commitment to PRISMA 2020

Oryza Oil & Fat provides 14 ingredients and 23 health claims compatible with FFC. We are sequentially preparing PRISMA 2020 compliant versions for all materials to support client applications.

ORYZA'S FFC PRODUCTS
14 products 23 health claims ACCEPTANCE!

| | | | | |
|--|---|---|---|--|
| PRISMA 2020 EYE FUNCTION Improvement of eye health, protection from light irritation, improvement of ocular sensitivity and other functions. COGNITIVE FUNCTION Improvement of cognitive function, improvement of memory, improvement of learning ability, improvement of concentration, improvement of attention, improvement of judgment, improvement of decision-making, improvement of problem-solving, improvement of communication, improvement of social skills, improvement of interpersonal skills, improvement of self-management, improvement of self-regulation, improvement of self-motivation, improvement of self-efficacy, improvement of self-esteem, improvement of self-respect, improvement of self-worth, improvement of self-identity, improvement of self-concept, improvement of self-image, improvement of self-perception, improvement of self-awareness, improvement of self-reflection, improvement of self-criticism, improvement of self-compassion, improvement of self-acceptance, improvement of self-actualization, improvement of self-fulfillment, improvement of self-actualization, improvement of self-fulfillment. | PRISMA 2020 Decreases in visceral fat, body weight and BMI. Fucusanthin | PRISMA 2020 Lower uric acid levels Reduce eye discomfort. KIKU FLOWER EXTRACT | PRISMA 2020 Decreases in visceral fat, body weight, and lipid abnormalities of the abdominal blood sugar level. COFFEE BRAN EXTRACT | PRISMA 2020 Liver function (Decrease in blood ALT level). MUSCELL SUPPLEMENT EXTRACT |
| PRISMA 2020 Protects eyes from light irritation. LEUCIN (green) | PRISMA 2020 LDL cholesterol level and blood pressure lowering effect. PERILLA SEED OIL | PRISMA 2020 Moisturizing the skin Moisture content of skin (face, arms). ORYZA CERAMIDE® | PRISMA 2020 Moisturizing eye support Reduces eye fatigue/discomfort/burden on shoulders. Maquifright® | PRISMA 2020 Maintenance of walking function. BLACK GINGER EXTRACT |
| PRISMA 2020 Maintain skin elasticity. TOMATO SEED EXTRACT | PRISMA 2020 Suppression of blood pressure elevation Improves sleep quality Anti-stress/anti-fatigue Maintaining muscle mass. ORYZA GABA® | PRISMA 2020 Improved vitality. PASSIONFLOWER EXTRACT | PRISMA 2020 Blood triglyceride and total cholesterol lowering effect. ORYZA RICE BRAN OIL | PRISMA 2020 Improve sleep quality. Safleep® |
| Coming soon | Coming soon | Coming soon | Coming soon | |

Up Date: February, 10, 2024

<Supplement>

As a pioneer of rice germ-derived GABA, Oryza Oil & Fat launched “Oryza GABA® Extract” in 1996 following joint research with the Ministry of Agriculture, Forestry and Fisheries and has obtained relevant patents. Currently, 4 types of health claims are accepted under PRISMA 2020, with “Maintenance of Muscle Mass” (GABA 100 mg) currently in preparation for the update.

Functional Substance: GABA 100 mg

Functional Claim: This product contains GABA. GABA has been reported to have the function of maintaining muscle mass, which decreases with aging in middle-aged and elderly individuals, through daily physical activity.